

# **DID YOU KNOW?**

## **DIABETES AFFECTS MANY OTHER BODY SYSTEMS. IT CAN CAUSE THE FOLLOWING:**

- Kidney damage that can lead to kidney failure, requiring dialysis or transplantation.
- Nerve damage that can result in muscle weakness, diarrhea, loss of feeling, bladder infections, and sexual problems.
- Heart and blood vessel damage that can lead to coronary artery disease, heart attack, stroke, and peripheral vascular disease.
- Skin problems that can result in dry, itchy skin. It can also result in wounds that do not heal and that can eventually result in amputation.
- Gum infections can occur when the glucose levels are high. Gums will bleed and are slow to heal.
- Eye problems occur when the diabetes causes damage to the blood vessels in the eyes. You may experience gradual blurring of your vision and have difficulty with close work such as reading.

Diabetes is a disease that affects the body as a whole. The best way to combat these potential complications is to maintain tight control of your blood sugars and have routine follow up with your physicians.

**For more information on diabetes or any other chronic illness, please contact Med-Cert, Inc. at  
866-633-2378 (toll free)**



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